



Vision

2 Corinthians 5:17 Therefore, if anyone is in Christ, he is a new creation.
The old has passed away; behold, the new has come.

"Oh give thanks to the Lord, for He is good, for His steadfast love endures forever!" Psalm 106:1(ESV)

The Psalms frequently remind us to give thanks to God for all He is doing and has done in our lives.

As we minister within Stauros, we want to give all our thanks to God for everything that He has done and is doing in the work. We give thanks for all our Stauros community support groups. We give thanks for the people we have had the privilege to minister to in the community. We also give thanks for the renovation work at our headquarters at Straidhavern Road and for God's provision and guidance. The biggest thanks we want to offer up is for all those people we have ministered to who have by God's grace and mercy come to know the Lord Jesus as their personal saviour. We trust as you read our Newsletter you will join with us in giving God all the thanks for all that He is doing through Stauros.

Finding Strength in God's Word

Have you ever found yourself in a place where you feel that you just do not have the strength or the will to continue the journey that God has set for you or is it just myself that gets weary and tired. We all find ourselves at times in a position of vulnerability, weakened by life's difficulties.

The journey of life, can leave us feeling overwhelmed and drained by everything we face. We at times feel as though we are in a spiritual abyss, because of the constant pressures and battles. Our bodies and our minds become weakened and we find ourselves lacking the strength and sometimes the will to continue the journey. The enemy loves it when we are in that spiritual abyss, and he will continually fire arrows at us playing games with our minds in the hope that we will lose faith. That is exactly what he wants.

But there is somewhere we can turn to draw strength and recharge our batteries to enable us to continue the pathway that God has set before us – The Word of God.

Hebrews 4:12 says: "For the Word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of our heart."

In a world filled with uncertainty and challenges, we often find ourselves searching for strength and guidance, and the most wonderful and beautiful thing is as Christians, we have access to that powerful source of Strength. It is at hand and available to us every minute of every day – The Word of God. There is power in God's Word, it is living and active, capable of piercing to the deepest parts of our being. It discerns our thoughts and our intentions, revealing to us areas in our lives where we need to grow and change.

The Word is described as a sword, a weapon that can be used to defend ourselves against the enemy's attacks, and as we read and meditate on God's Word it equips us to face life's challenges with confidence and courage. When we read God's Word, we are not just reading words on a page, we are encountering the Living God. His Word brings light to our darkness, hope to our despair and strength to our weakness. However, for this to happen we need to apply it to our lives.

So, as we reflect let us ask ourselves, are we regularly reading and meditating on Scripture? Are we allowing God's Word to shape our thoughts and actions? And are we trusting in the power of God's Word to bring us strength and guidance? These are the things that need to become second nature to us to maintain, and be prepared for all scenarios that we will face in life. Only God's way is the right way. All other pathways lead to death and destruction. God's ways lead to eternal life and peace. Yes, we will face battles and struggles, but we have the greatest honour of having God at our side as we face those battles and struggles.

Let us give thanks to God daily for the gift of His Word. Let us treasure His Word in our hearts and apply its truths to our lives, and give us the strength and guidance as we navigate life's challenges, and let's allow it to truly be a lamp to our feet and a light to our paths. Amen.



Sponsored Walk

At 10am on Saturday 24th May almost 30 people from our various Stauros meetings set off on an almost 10 mile round trip from Duncrue Road, Belfast to Loughshore Park, Jordanstown. We set off walking expecting rain, as the forecast was not good, but we were pleasantly surprised with good dry weather. Not everyone who turns up does the walk and some people would drive to the Loughshore and meet us there for a picnic lunch. That way those who are less physically able to complete the walk are still able to join in with everyone. The kids turned up with bikes and even some family dogs made the journey with us. It was a good to spend time with one another, walking, chatting and laughing all for a good cause. With everyone's

endeavours we raised almost £2,000 for the ongoing work of the ministry!! We are very thankful to all of those who joined with us on the day and it was another great success. This is the second year we have held this sponsored walk and we have decided to make it an annual event. So, keep an eye out for the date on next year's newsletter.



Update on the Building

We are so pleased to tell you that our renovation is at last well underway! It has been a long and difficult road getting this far, but we now have all our plans finalised and officially stamped from both Planning and Building Control. This

has been at times a really frustrating journey, as so many obstacles seemed to fill our path, but the excitement is starting to rise as we see defined rooms and spaces emerging from what was a cold, derelict building for so many years. Please continue to pray that the work will be completed as quickly as possible. We don't want to give a time as to when it will be finished as so many dates have come and went, and we are trusting that the Lord's timing is perfect.



New Staff – Cheryl Eagleson

My name is Cheryl Eagleson and I work alongside my husband Paul, who pastors Dromore Elim Church. We have been in this ministry position for 13 years, and come with life experience from other areas of employment which I believe has helped shape us into who we are today.

My journey with Stauros began back in 2002 when I was at a very low point in my life. I had been living with depression and stress, and using alcohol as a coping mechanism. What started small eventually became the 'monster' that controlled my life and something that I found hard to function without.

I had made a commitment to Christ in my early teens but had grown cold in my faith as I grew older. It was at this time that I reached out to the Lord again and recommitted my life back to him and through his strength, I was able to experience true freedom from addiction and begin a life that was worth living and was worth living for Him. Stauros was a constant help and support to both me and my family during this fragile time.

I have a heart to draw alongside people who, like me, need someone to listen, understand and value them, no matter what they are going through. God opened up opportunity for me to train as a counsellor and to begin the work of Stauros in the Dromore area. I became a volunteer in 2022, which seen the commencement of our Dromore Stauros meeting. In July this year I increased my commitment to the work of Stauros by joining the staff team. I am trusting Gods leading in this move and have a sense of excitement to be coming on board at "such a time as this", as we anticipate the opening of the new premises, when we bring to completion the renovation in our headquarters at Straidhavern Road.

I believe God can use anyone for His purposes and glory, and in Him, nothing is wasted. It is my heart's desire to see people living their lives with purpose and being able to experience true freedom and joy that is only possible through Christ.



Straidhavern BBQ



Bears for the kids...not Neil

the time we spent with one another! The food was good and plentiful and no one left hungry.

Once again, our annual BBQ was a great success and as usual really well attended. We had a good mix of our people as well as staff, volunteers and some trustees. I think everyone really looks forward to this event especially as our Stauros meetings stop during July and August, therefore it's a great chance to meet up again for some fun, food and fellowship just before the meetings start again in September. The weather was perfect and everyone including the kids enjoyed the games, food and



Joyfully in Christ

We always have someone bring a short message from God's word, and this year it was Martin Delaney. Martin came through our residential program many years ago at Ballyards, and is now the assistant pastor at Craig Hill Presbyterian Church, Larne. He brought God's word from Mark 5:21-43 about Jairus' daughter and the woman with the flow of blood. Martin brought out how the two healings needed individual attention. One received it publicly and the other needed to be in private.



Too many cooks in the kitchen



Young and old(er) having fun



"I can't eat all that!"

Stauros Meetings

Community support groups called Stauros meetings are held in:

- **Banbridge** on Alternate Thursday evenings at 7:30pm
Discipleship Bible study every Friday at 12:15pm
Contact *Woody Price* – 07824 485435
- **South Belfast** on Alternate Thursday evenings at 7:30pm
Contact *Ricky Wallace* - 07714 736630 or
Maggie Wallace - 07714 736619
- **West Belfast** every Tuesday morning 10:00am
Contact *Kim Cooper* - 07971 633978
- **Dromore, Co Down** on 2nd & 4th Wednesday evenings at 7:30pm
Contact *Cheryl Eagleson* – 07875 391824
- **Enniskillen** every Wednesday evening at 7:30pm
Contact *Brendan Jones* – 07798 660050
- **Lurgan** on Alternate Wednesday mornings at 9:30am
Contact *Pamela Brown* – 07824 485434
- **Nutts Corner, Crumlin** on Alternate Monday evenings at 7:30pm
Contact *Pamela Brown* – 07824 485434
- **Bolton, England** on Alternate Wednesday evenings at 7:30pm
Contact *Paul Murphy* – 07824 485437
- **Isle of Man** every Tuesday in **Ramsey** at 4pm and every Thursday in **Douglas** at 6:30pm - Contact *Gordon Buist* - 07624 453731



The Aims of the Stauros Foundation

1. To promote the gospel of Jesus Christ
2. To evangelise, help and offer fellowship to those suffering and recovering from addiction, to their families and to anyone else who feels they could benefit from our straightforward and practical approach
3. To educate society in general, and the Christian church in particular, about the dangers of all drugs used in a social or recreational way
4. To encourage a witness of abstinence from the social or recreational use of all drugs, including alcohol
5. To promote a society free from drug dependence

Stauros, with Gods help, seeks to befriend the individual and to identify the areas which keep him or her in bondage to their substance of choice.

Prayer Points

- Pray for the completion of our renovation work that we can expand the work of Stauros effectively.
- We are so blessed with faithful donors but we ask that you pray with us that God will raise up a new generation of steadfast givers.
- Pray that we will continue to see people come to true faith in Christ, freedom from addiction and transformed in their daily lives.
- Pray for all involved in the ministry of Stauros, that in all things we keep our eyes fixed on Jesus.

Upcoming Events Everyone Welcome

Our annual Christmas Carol Service will be held on Saturday 13th December 2025 at T3 Conference Centre, House of Vic-Ryn, Lisburn for 7:30pm.

Thank you

We are so conscious that firstly we need to keep the Lord at the centre of this ministry, but also, we need God's people to support us. We are so grateful for each and every one of you who pray for this ministry and also for those who are in a position to support us financially. Every donation really does help; therefore, please contact us if you are in a position to partner with us financially and we will help you set up a Standing Order.

Your prayers and support are not in vain. God continues to provide in ways that we could not imagine and we truly are overwhelmed by His goodness. God Bless you and keep you. "We always thank God for all of you and pray for you constantly". 1 Thessalonians 1:2



Want to know more? Please contact us:

Stauros Foundation, 29 Straidavern Road, Nutts Corner, Crumlin, BT29 4SN
Telephone: 028 9082 5058 Email: info@stauros.com

www.stauros.com

